

Monday 23 April 2018

'Stop aspiring to be anyone other than your own best self.'

Epictetus  
(Roman Stoic Philosopher)

### Today's Events

#### Prefect Rota for TODAY:

Day	Break			Lunch			
	Canteen	Quad	Bike Shelter	Canteen	Quad	Bike Shelter	The Street
Mon	Adam McDonald	Kelly Munro	Aiden Streames	Bethan H-S	Andrew Stoker	Rosie Paterson	Abbie Morrison
	Sarah Sadiq	Morven Pride	Chloe Whitworth	Calum Jones	Grace Whelan	Morgan McAndie	Andrew Merchant

**S6 Residential:** Could all pupils going on the S6 Residential please attend a meeting TODAY at tutor time in Mrs Shearer's room? Please register with your tutor first.

**Student Voice Ambassadors:** Can all student voice ambassadors report to the small social area TODAY at tutor time. Every tutor group should send a representative.

#### Music Tuition TODAY:

Forename	Surname	Time
Briony	Stewart	8.45 am
Amy	Collie	9.15 am
Dionne	Campbell	9.15 am
Cerys	Stewart	9.45 am
Lauren	Bews	9.45 am
Naomi	Morrison	11.00 am
Erika	Stewart	11.30 am
James	Leslie	11.30 am
Jessica	Innes	12.00 pm
Chloe	Whitworth	1.45 pm
Hannah	Alexander	2.15 pm
Kate	Kinniburgh	2.45 pm

## Today's Activities, Tutorials and Study Sessions

**Badminton:** lunchtime in the Games Hall. For all students. You MUST change into your PE kit.

**Art & Design:** lunchtime Junior and Senior study club.

**Fiddle Group:** 1.15 pm – 1.40 pm in Room 13. For all students. New members welcome.

**Higher French Conversation Class:** 1.15 pm in Room 142. Full attendance is expected.

**Higher Business Management:** 3.20 pm – 4.20 pm.

**Stem Challenge Club:** 3.20 pm – 4.20 pm in Room 154. For S1 – S3 students. Interested in designing & making your own machines & robots? Want to be an engineer? Learn how to code computer software? Take part in competitions & events with other schools?

**Maths Tutorials:** 3.30 pm – 4.30 pm with Mrs Shearer for Nat 5 or with Mr Jagger for BGE Supported Study.

**Girls Football:** 3.30 pm – 4.30 pm at the MHS Astro. For all students.

**Rugby:** 6.15 pm – 7.30 pm on the Sports Field with Will Nook. For all students.

## Upcoming Events and Notices

**S6 Yearbook and Hoodies Committee:** Tuesday 24 April at 1.15 pm in Miss Smith's room. Meeting for all pupils involved in the yearbook and hoodies.

**Assemblies:** Tutor time in the GP Hall.

Tuesday 24 April – S1 and S2

Wednesday 25 April – S3

Thursday 26 April- S4 and S5

**S6:** All S6 pupils who ordered a hoody can collect them from Miss Smith's room on Thursday 26 April at 1.20 pm. Hoodies are only to be worn on the Friday. You may be asked to remove them if seen beforehand.

**Moray Learning Festival:** Saturday 28 April at 10 am – 2 pm. Come along to Moray College UHI for a family day of learning with a variety of taster sessions for all ages.

**D of E:** Reminder to all Mr Jagger's D of E Groups that there is a meeting in ICT1 at 3.30 pm on Wednesday 18 May – finalised route cards for all days of your practice expedition should be completed by the end of this session.

**S1 – S3 Sports:** There are a few sports sessions starting this term with sign-up sheets at the office:

SPORT	DAY	YEAR GROUP	TIME	LOCATION	COST PER SESSION
Rugby	Mon	S1 – S2	6.30 pm – 7.30 pm	MHS Grass Pitches	FREE
Tennis	Thu	S1 – S2	5 pm – 6 pm	Fochabers Tennis Courts	£2
Hockey	Thu	S1 – S2	4.30 pm – 5.30 pm	MHS Astroturf	FREE
Cricket	Wed	S1 – S3	3.30 pm – 5 pm	MHS Games Hall	FREE
Trampolining	Thu	S1 – S3	7.15 pm – 8.15 pm 8.15 pm – 9.15 pm	MHS GP Hall	£5

**Activities:** Pony for a Day – meeting with Mrs Shortreed on Tuesday 24 April at 1.30 pm in the Games Hall. All pupils on this activity should attend for more information.

**Athletics:** High Jump Practice on Tuesdays at 3.30 pm, Track or Throwing event practice on Thursdays at 3.30 pm. Open to all pupils.

**Music Tuition Tuesday 24 April:**

Forename	Surname	Time
Roddy	Manson	11.45 am
Hannah	Kingham	11.45 am
Rory	Milne	12.15 pm
Macaulay	Ross	2.15 pm
Rowan	Matthews	2.45 pm
Forename	Surname	Time
James	Anderson	9.00 am
Kelsey-Leigh	Lundie	9.35 am
Jenny	Brown	10.10 am
Deveron	Hildreth	11.00 am
Matthew	Thomson	11.35 am
Adam	Gow	12.10 pm
Madeline	McWilliam	2.50 pm
Rachael	D	2.50 pm
Forename	Surname	Time
Laura	Galloway	1.10 pm
Abby	Cant	1.10 pm
Sophie	Smart	1.50 pm
Andrew	Merchant	2.20 pm
Bethan	Hampton-Smith	2.50 pm

**Music Tuition Wednesday 25 April:**

<b>Forename</b>	<b>Surname</b>	<b>Time</b>
Loyd	Kinniburgh	11.00 am
Emma	Morrison	11.30 am
Harriet	Whelan	12.30 pm
Emily	Boath	1.40 pm
Kirsten	Thomson	1.40 pm
<b>Forename</b>	<b>Surname</b>	<b>Time</b>
Jack	Logie	8.45 am
Iain	Stuart	9.15 am
Samuel	Bayley	9.45 am
Donna-Jean	Moar	10.15 am
Logan	Shade	11.00 am
Ryan	Milne	11.00 am
Owen	Parry	11.30 am
Leon	Chisholm	12.00 pm
Aaron	Robertson	12.00 pm
Frankie	Slater	1.45 pm
Tommy	Ireland	2.15 pm
Jodie	Foy	2.45 pm

**Music Tuition Friday 27 April:**

<b>Forename</b>	<b>Surname</b>	<b>Time</b>
Megan	Powell-Searles	8.45 am
Thomas	Hopkins	9.15 am
Tyler	Laing	9.45 am
Finlay	McQueen	10.15 am
Catherine	Thom	11.00 am
Anna	Jones	11.30 am
Abbi	Scott	11.30 am
Finlay	Brownlie	12.00 pm
Dylan	Hampton-Smith	12.30 pm
Iona	Cameron	12.30 pm
Matthew	Souter	1.50 pm
Luyanda	Mdluli	2.20 pm
Oliver	Souter	2.50 pm
Tom	Paterson	2.50 pm

## Careers Notices

Please see the DYW noticeboard for local vacancies this week.

## Canteen Menu

<b>SOUP</b>	<b>MAINS</b>	<b>SWEET</b>	<b>SNACKS</b>
Cream of Tomato	Mince and Vegetables Chicken Fajita Macaroni Cheese	Iced Apple Cake	Pizzini Mexican Chicken Pasta